

Herbal Prescription Strategies Based on the Five Zang Organs

The compatibility of Chinese herbal medicines occupies an extremely important position in both the theoretical framework and clinical practice of TCM, particularly when grounded in the five-element theory centered on the Five Zang organs: The rational, precise and targeted formulation and application of herbal prescriptions can achieve greatly enhanced clinical outcomes. This lecture will focus on the physiological and pathological characteristics of the five Zang organs, with emphasis on the principles, methods, and distinctive features of herb treatment, for each organ. Special attention will be given to clinically common and effective herbal compatibilities -- which will be further illustrated and substantiated through a large number of clinical cases.

SCHEDULE

10:00 - 11:30	Introduction to herbal compatibility & prescription strategies in TCM
11:30 - 1:30	Physiological & pathological characteristics of the Heart (Xin) and corresponding herbal compatibility. Clinical case studies
1:30 - 2:00	Lunch
2:00 - 4:00	Physiological & pathological characteristics of the Lung (Fei) and corresponding herbal compatibility. Clinical case studies
4:00 - 4:30	Q & A

CEU Credits can only be awarded for full attendance.

Dr. Jian Min Fan

Date/Time: Sunday, March 15th
10:00 a.m. to 4:30 p.m.

Location: R.B. Swim and Tennis Club,
@ 16955 Bernardo Oaks Drive,
SD, CA 92128-2166

Attend in person

Please bring your own lunch

ABOUT THE SPEAKER

Dr. Min Fan received his Medical Degree (M.D.) in 1983, and his Master of Medicine Degree in 1986, both from Nanjing University of TCM.

Before coming to the United States, Dr. Fan was a professor at Nanjing University of TCM, and staff physician at Jiangsu Province Hospital of TCM. In this period, he contributed to the national medical school textbook in China, and published many articles in Chinese medical journals.

Since 1993, he has had a successful practice in San Diego, as well as teaching at PCOM. He is a well-known and respected teacher and practitioner of TCM.

Please join us for this insightful class with Dr. Min Fan!

SEMINAR SCHEDULE

For 2026

- FIVE SEMINARS •
- 6 CEU'S PER SEMINAR •

#2: March 15th, 2026

{Note: Forthcoming Seminars and dates still to be determined}

PLEASE VISIT OUR WEBSITE

www.caam-sd.org

SEMINAR FEES:

- **One-Year Membership Fee: \$350.00**
Our Membership Fee is \$400. for the year (5, 6-hour Seminars). It is pro-rated by \$50. per each Seminar that has already taken place this year. **[Note: The Annual Membership Fee always includes a \$50. political action donation to CAOMA.]**
- **Single Seminar Fee: \$100.00**

S.D. {Local Chapter} CAAM Board Members and Contact Information:

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