

# TOPIC: Derivation & Practical Application of the “Balance Method”

This course will provide the information needed to immediately use the Balance Method (Dr. Richard Tan), to treat any symptoms that a patient may present with.

This class will teach the original derivation and development of the Balance Method and the five systems approach for TCM diagnosis and treatment. This method is simple, flexible, and effective, and remains very popular in the TCM landscape today.

## SCHEDULE

10:00 - 12:30	Derivation of the Balance Method and the five systems
12:30 - 1:00	Lunch
1:00 - 2:00	Practical applications: Bell's palsy, ankle sprain, acid reflux
2:00 - 3:00	Practical applications: Neck pain, headache, fibromyalgia
3:00 - 4:00	Practical applications: Back pain, shoulder pain, medial scapular pain.
4:00 - 4:30	Q & A

**CEU Credits can only be awarded for full attendance.**

## Marly Wexler, L.Ac. & Steven Rush, L.Ac.

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**Date/Time:** Sunday, November 20th  
**10:00 a.m. to 4:30 p.m.**

**Location:** R.B. Swim and Tennis Club,  
@ 16955 Bernardo Oaks Drive,  
SD, CA 92128-2166

**Attend 'in person'!!!**

**[Zoom option also available]**

### ABOUT THE SPEAKERS

Steven Rush made the acquaintance of the late Dr. Richard Tan while attending CAC (later to become PCOM) in the mid-1980's. Realizing the quality and kind of advanced knowledge that Richard possessed, he was accepted by Dr. Tan as his first apprentice. Steven and Richard co-authored "12 and 12 in Acupuncture", their first book, in 1992. Their second book, "24 More in Acupuncture" was published in 1994. For most of Steven's 35+ years in licensed practice he has utilized the Balance Method to treat a wide range of conditions, achieving a high level of clinical effectiveness.

Marly Wexler began her study of acupuncture at CAC in 1983. In 1987, Marly travelled to China, studying at the Shanghai College of TCM. After graduating PCOM in 1987, a ten year apprenticeship began with Dr. Richard Tan (alongside her co-apprentice Steven Rush). She now has over 30 years experience with using this approach. Marly taught at PCOM for 17 years, where she worked as Clinical Supervisor, and was able to pass on her knowledge of the Balance Method to the innumerable students.

Marly has maintained a private practice in SD for the last 30+ years. Her specialties include tx of pain, internal disorders, and the use of food as medicine.

## SEMINAR SCHEDULE For 2022

- FIVE SEMINARS •
- 6 CEU'S PER SEMINAR •

**#5: November 20, 2022**

**PLEASE VISIT OUR WEBSITE  
for the ZOOM instructions for  
attending this Seminar, at:**

**[www.caam-sd.org](http://www.caam-sd.org)**

### SEMINAR FEES:

- **One-Year Membership Fee: \$100.00**  
Our Membership Fee is \$300. for the year (5, 6-hour Seminars). It is pro-rated by \$50. per each Seminar that has already taken place this year. **[Note: The Annual Membership Fee always includes a \$50. political action donation to CAOMA.]**

- **Single Seminar Fee: \$85.00**
- **Single Student Seminar Fee: \$50.00**
- **Student Membership Fee: \$150.00**

### S.D. {Local Chapter} CAAM Board Members and Contact Information:

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