

TOPIC:
Why and How to Safely and Consistently Unload Heavy Metals, Most Common Chemicals and Mold Toxins

A growing body of evidence suggests that chemicals (toxins) present in air, water, soil, food, building materials and household products contribute to many chronic diseases routinely seen today in our clinical practice. This Course will discuss the clinical tools needed to assess and monitor such toxic exposures, and provide scientific guidelines to safely unload these toxins. The goal is to inspire action on all levels, individual and societal, by understanding the extent and gravity of this issue ... to minimize dangers and damages from toxic exposures on current and future generations.

SCHEDULE

10:00 - 11:00	Introduction to Environmental Medicine
11:00 - 12:00	Common Heavy Metal toxicity Reducing toxic burden safely
12:00 - 1:00	Recognizing & reducing the toxic burden of endocrine-disrupting chemicals
1:00 - 1:30	Lunch
1:30 - 2:30	Dealing with Glyphosphate and other water-soluble pesticides
2:30 - 3:30	Volatile Organic Pollutants -- main issues and how to detox
3:30 - 4:30	Mold toxins: One of the most neurotoxic agents we face today

CEU Credits can only be awarded for full attendance.

Dr. Shanhong Lu, MD

Date/Time: Sunday, May 16th
10:00 a.m. to 4:30 p.m.

Zoom Seminar!

Please go to our Website

www.caam-sd.org
for registration and attendance details!

ABOUT THE SPEAKER

Dr. Shanhong Lu, MD, PhD

Dr. Lu completed her MD in Beijing, a PhD in human physiology at the Medical College of Wisconsin, and a postdoctoral fellowship in Genetics of Hypertension at UC San Francisco. Dr. Lu is a published author in hypertension research and a public speaker for environmental health and sustainable health care. She is double board certified in Internal Medicine and in Anti-Aging and Regenerative Medicine. She also strongly believes in optimizing women's hormones through biorhythmic bioidentical dosing. Her interest in the root causes of chronic diseases was inspired by her trials and errors in healing not only her own endocrine and autoimmune challenges, but also through caring for thousands of people with serious, complex medical issues.

Please join us for this unique and important seminar with Dr. Lu !!!

SEMINAR SCHEDULE

For 2021

- FIVE SEMINARS •
- 6 CEU'S PER SEMINAR •

#3: May 16th, 2021

{Note: Forthcoming Seminars and dates still to be determined}

PLEASE VISIT OUR WEBSITE

for the ZOOM instructions for attending this Seminar, at:

www.caam-sd.org

SEMINAR FEES:

- **One-Year Membership Fee: \$200.00**
Our Membership Fee is \$300. for the year (5, 6-hour Seminars). It is pro-rated by \$50. per each Seminar that has already taken place this year. **[Note: The Annual Membership Fee always includes a \$50. political action donation to CAOMA.]**

- **Single Seminar Fee: \$85.00**
- **Single Student Seminar Fee: \$50.00**
- **Student Membership Fee: \$150.00**

S.D. {Local Chapter} CAAM Board Members and Contact Information:

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