

**TOPIC:**  
**The TCM Way To**  
**Maximize Brain Power**

This course will instruct regarding effective TCM approaches to strengthen brain function, towards prevention of age-related cognitive decline. Complementary methods of Qi Gong and Shen Cultivation, which are user-friendly for senior patients, will also be taught.

**SCHEDULE**

10:00 - 11:00	Overview of the brain, and cognitive disorders from TCM perspective
11:00 - 12:00	TCM approaches to help prevent age-related cognitive decline
12:00 - 12:30	Lunch
12:30 - 2:30	Improving brain function by acupuncture, herbs, and Qi Gong
2:30 - 3:30	The relationship between Shen cultivation and 'brain power' enhancement
3:30 - 4:30	Selected case studies

**CEU Credits can only be awarded for full attendance.**

**Dr. Zee Lo, L. Ac.**

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**Date/Time:** Sunday, January 20th  
**10:00 a.m. to 4:30 p.m.**

**Location:** R.B. Swim and Tennis Club,  
 @ 16955 Bernardo Oaks Drive,  
 SD, CA 92128-2166

**Directions:** From Freeway 15, exit onto Rancho Bernardo Road, going East. The Club is on the left hand side at the (North-East) corner of Rancho Bernardo Road and Bernardo Oaks Drive.

**ABOUT THE SPEAKER**

**Dr. Zee Lo, L.Ac., O.M.D., Ph.D.**

Dr. Zee Lo has been in private practice in California since 1987; having graduated from Emperor's College of TCM in 1986, and obtained further degrees from SAMRA (1989) and South Baylo (1991).

Dr. Lo is the author of a comprehensive text, "Traumatology as Treated by TCM". He is a practitioner/teacher of post-trauma care, and anti-aging and rejuvenation by TCM.

Dr. Lo is currently teaching for the TCM Online University, LLC Live and Online Instructor. From 2012-14, he was an NCCAOM National Acupuncture Board PDA advisor. Dr. Lo was also instructor for UCLA Medical Acupuncture for Physicians in 1996; and a CA State Acupuncture tutorial supervisor, 1998 to 2005.

**Please join us for an exciting seminar, with Dr. Zee Lo!**

**SEMINAR SCHEDULE**

**For 2019**

- FIVE SEMINARS •
- 6 CEU'S PER SEMINAR •

**#1: January 20**

**(#2: March 17)**

**(#3: May 19)**

**(#4: September 15)**

**(#5: November 17)**

**PLEASE NOTE**

**THE SEMINAR TIME:**

**10 AM - 4:30 PM**

**FREE LUNCH IS PROVIDED!!!**

**SEMINAR FEES:**

- **One-Year Membership Fee: \$300.00**  
 Our Membership Fee is \$300. for the year (5, 6-hour Seminars). It is pro-rated by \$50. per each Seminar that has already taken place this year. **[Note: The Annual Membership Fee always includes a \$50. political action donation to CAOMA.]**

- **Single Seminar Fee: \$85.00**
- **Single Student Seminar Fee: \$50.00**
- **Student Membership Fee: \$150.00**

**S.D. {Local Chapter} CAAM Board Members and Contact Information:**

Dr. Yeqing Chen	(858) 560-1828	President
Dr. Liman Rachels	(858) 578-8556	Treasurer
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***www.caam-sd.org***