

TOPIC:
**Prenatal Care with
Oriental Medicine**

This class will instruct how to care for pregnant women from conception up till delivery. Prenatal care by TCM is aimed to create smart, strong happy and healthy babies.

This class will also deal with how to address possible complications during the pregnancy and labor.

SCHEDULE

- 10:00 - 11:00 Prenatal use of TCM Zang-Fu organ and meridian Medical Clock
- 11:00 - 12:00 Formation of Meridians from the I Ching system
- 12:00 - 12:30 Lunch
- 12:30 - 1:30 Anatomy of Zang-Fu as related to pregnancy
- 1:30 - 3:00 1st Cycle, Yin Cycle care: Acupuncture, diet, exercise, herbal medicine
- 3:00 - 4:30 2nd Cycle, Yang cycle care: Acupuncture, diet, exercise, herbal medicine

**Dr. Dong-Phuong
Nguyen, L. Ac.**

Date/Time: Sunday, May 21st
10:00 a.m. to 4:30 p.m.

Location: R.B. Swim and Tennis Club,
@ 16955 Bernardo Oaks Drive,
SD, CA 92128-2166

Directions: From Freeway 15, exit onto Rancho Bernardo Road, going East. The Club is on the left hand side at the (North-East) corner of Rancho Bernardo Road and Bernardo Oaks Drive

Note: CEU Credits can only be awarded for full attendance.

ABOUT THE SPEAKER

Dr. Dong-Phuong Nguyen

Dr. Nguyen was initially trained in Vietnam, and in practice from 1988. In her Internship and Externship programs there (in Saigon), she specialized in *women's health care, sports injury, support of stroke victims, neurological disorders, infant care, infertility, immune system support, and dietary consultation.* These have remained her treatment specialties in her busy clinical practice in the USA.

Relocated to the USA since 1994, Dr. Nguyen worked hard to obtain Herbology (NCAAOM), Acupuncture (VA, CA, & NCAAOM), HHP, and Massage Therapist licensure & credentialing, from 1997 to 2003.

**SEMINAR SCHEDULE
For 2017**

- FIVE SEMINARS •
- 6 CEU'S PER SEMINAR •

#3: May 21st

(#4: September 17)

(#5: November 19)

**PLEASE NOTE
THE SEMINAR TIME:
10 AM - 4:30 PM
FREE LUNCH IS PROVIDED!!!**

SEMINAR FEES:

- **One-Year Membership Fee: \$200.00**
Our Membership Fee is \$300. for the year (5, 6-hour Seminars). It is pro-rated by \$50. per each Seminar that has already taken place this year. **[Note: The Annual Membership Fee always includes a \$50. political action donation to CAOMA.]**
- **Single Seminar Fee: \$85.00**
- **Single Student Seminar Fee: \$50.00**
- **Student Membership Fee: \$150.00**

**S.D. {Local Chapter} CAAM Board
Members and Contact Information:**

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www.caam-sd.org