

TOPIC:
**Aromatherapy in the
 Acupuncture Practice**

While aromatherapy has been around for centuries, it has gained popularity as well as incredible increase in its use over the past decade. This class will educate students on the principals and benefits of aromatherapy as well as how to incorporated this modality into an acupuncture practice.

Along with lecture, there will be demonstrations and hands-on practical exercises in aromatherapy in which students may participate.

SCHEDULE

10:00 - 10:45	What exactly is aromatherapy? A brief history.
10:45- 11:30	How aromatherapy works in the body. Potential side-effects contra-indications
11:30 - 1:00	The most commonly used essential oils
1:00 - 1:30	Lunch
1:30 - 2:45	Methods of application
2:45 - 3:30	Incorporating aromatherapy into an acupuncture practice
3:30 - 4:00	Current research on the use of aromatherapy in Complementary and Integrative Medicine (including hospitals and Western Medicine)
4:00 - 4:30	Final questions & answers. Resources for further exploration

Dr. East Haradin, L.Ac.

Date/Time: *Sunday, May 15th*
10:00 a.m. to 4:30 p.m.

Location: *R.B. Swim and Tennis Club,
 @ 16955 Bernardo Oaks Drive,
 SD, CA 92128-2166*

Note: CEU Credits can only be awarded for full attendance.

ABOUT THE SPEAKER

Dr. Haradin graduated from PCOM in 1999; and earned his DAOM there in 2013. He has been a clinical supervisor at PCOM since 2004, and a Professor there since 2007.

Since 2012, Dr. Haradin has taught CEU courses on Aromatherapy.

Dr. Haradin has provided lectures on Acupuncture and Oriental Medicine at the Chopra Center -- Mind Body Medical Group; where he also acts as staff acupuncturist.

Dr. Haradin has owned his own private practice since 1999; providing Traditional Oriental Medicine including acupuncture, electro- acupuncture, moxibustion, Chinese herbal prescription, and nutrition and life-style recommendations.

Since 2010, Dr. Haradin has been the founder, owner, and president of Gem Elixirz, a company specializing in products that combine the power of aromatherapy and gemstones to provide tools for transformation.

SEMINAR SCHEDULE

For 2016

- FIVE SEMINARS •
- 6 CEU'S PER SEMINAR •

#2: May 15th

**PLEASE NOTE
 THE SEMINAR TIME**

10 AM - 4:30 PM

FREE LUNCH IS PROVIDED!!!

(#4: September 18)

(#5: November 20)

SEMINAR FEES:

- Annual Membership Fee: \$200.00

[Note: The Annual Membership Fee always includes a \$50. political action donation to CAOMA.]

- Single Seminar Fee: \$85.00
- Single Student Seminar Fee: \$50.00
- Student Membership Fee: \$150.00

**S.D. {Local Chapter}CAAM Board
 Members and Contact Information:**

<i>Dr. Yeqing Chen</i>	<i>(858)560-1828</i>	<i>President</i>
<i>Dr. Liman Rachels</i>	<i>(858) 578-8556</i>	<i>Treasurer</i>
<i>Dr. Mary Cen</i>	<i>(760)744-4988</i>	<i>Vice-President</i>
<i>Dr. Barnett, Michael</i>	<i>(858)503-6739</i>	<i>Vice-President</i>
<i>Dr. John Chen</i>	<i>(619) 444-3166</i>	<i>Director</i>

PLEASE VISIT OUR NEW WEBSITE:

www.caam-sd.org