## TOPIC: Tuina for common Pediatric and Internal Disorders

Tuina is based on the overall theories of TCM, and with these concepts as its theoretical basis, it uses a variety of methods to smooth and clear the merdians, qi and blood circulation, in order to adjust function and restore balance and health

This course will teach Tuina for common pediatric, internal, and Gynecological disorders, specifically; Pediatric fever, common cold, cough, constipation, diarrhea, food stagnations, poor appetite, indigestion, vomiting, abdominal pain, night crying, and internal patterns such as headache, hypertension, insomnia, hiccups, stomache, and dysmenorrhea.

# **SCHEDULE**

- 10:00 11:15 Pediatric Tuina: Intro, point locations, and indications
  11:30 12:30 Lecture & practical demon-
- stration of pediatric Tuina techniques, treatment of common disorders
- 12:30 1:00 Lunch
- 1:00 2:00 Practice of pediatric Tuina methods
- 2:10 3:10 Tuina for headache, hiccups, hypertension, stomachache, insomnia, dysmenorrhea
- 3:20 4:00 Participants to practice
- 4:00 4:30 Discussion, Q. and A.

**OPTIONAL** - Extra Tuina Instruction by Dr. Lin:

4:30 - 6:30 Practice of Tuina for lower extremities' disorders

#### **BENNYJUN LIN, L.AC, D.O.M.**

Date/Time: Sunday, January17th 10:00 a.m. to 4:30 p.m.

Location: R.B. Swim and Tennis Club, @ 16955 Bernardo Oaks Drive, SD, CA 92128-2166 Note: CEU Credits can only be awarded for full attendance.

### **ABOUT THE SPEAKER**

Extensively educated and trained in TCM in China and the US, Benny Lin has had 30 years of professional TCM experience in both countries.

As a TCM educator, Dr. Lin served as associate professor at Guang Xi TCM University in China in his early years, and has been a popular lecturer in graduate programs in the US for the past decade, teaching such subjects as Tui-na and acupuncture techniques at various TCM colleges. In addition to mentoring clinical interns, Dr. Lin offers higher level seminars in a wide range of subjects including Tui-na, formula writing, Master Tong's points, abdominal acupuncture, and external application of herbs. As a TCM practitioner, Benny Lin refined his skills as a chief TCM clinician and orthopedic doctor in China for many years, followed by nearly twenty years of working as an acupuncturist, herbalist, and Tui-na specialist in top-notch US TCM schools as well as in his his private clinics in New York and California.

Combining his deep theoretical understanding and masterful clinical expertise, Benny Lin has developed various new treatment methods for rare and complicated diseases, specializing in orthopedics, muscular strains, pain management, and sports injuries. SEMINAR SCHEDULE For 2016

• FIVE SEMINARS • • 6 CEU'S PER SEMINAR•

#1: January 17 PLEASE NOTE THE SEMINAR TIME

**10 AM - 4:30 PM** FREE LUNCH IS PROVIDED!!!

> (#2: March 13) (#3: May 15) (#4: September 18) (#5: November 20)

SEMINAR FEES:

Annual Membership Fee: \$300.00

[Note: The Annual Membership Fee always includes a \$50. political action donation to CAOMA.]

- Single Seminar Fee: \$85.00
- Single Student Seminar Fee: \$50.00
- Student Membership Fee: \$150.00

#### S.D. {Local Chapter}CAAM Board Members and Contact Information:

Dr. Yeqing Chen	(858)560-1828	President
Dr. Liman Rachels	(858) 578-8556	Treasurer
Dr. Mary Cen	(760)744-4988	Vice-President
Dr. Barnett, Michael	(858)503-6739	Vice-President
Dr. John Chen	(619) 444-3166	Director

PLEASE VISIT OUR NEW WEBSITE:

www.caam-sd.org