#### **TOPIC:**

## How To Treat Injuries & Pain Using Tui Na (Lower Body)

This course will teach how to treat orthopedic injuries and pain using advanced Tui Na techniques. It will enhance the practitioner's Tui Na knowledge, skill and confidence in their own practice. The course will include lecture, practical demonstration, instruction, and application, and practitioner hands-on pratice so that they get immediated feedback from the instructor on accurate usage of techniques. It will include Tui Na explanations and technique prescriptions for different types of injuries including but not limited to those experienced on the lower body, which will include injuries to and pain in the lower back and extremities (foot, ankle, knee, and hip joints).

#### **SCHEDULE**

10:00 - 11:00	Low back injuries & pain using Tui-na
11:00 - 12:00	Participants practice
12:00 - 12:30	Lunch
12:30 - 1:30	Hip injuries and
	pain using Tui-na
1:30 - 2:30	Knee & ankle pain & injuries with Tui-na
3:30 - 4:30	Questions and discussion

### BENNYJUN LIN, L.AC, D.O.M.

Date/Time: Sunday, November 15th 10:00 a.m. to 4:30 p.m.

Location: R.B. Swim and Tennis Club, @ 16955 Bernardo Oaks Drive, SD, CA 92128-2166 Note: CEU Credits can only be awarded for full attendance.

#### ABOUTTHE SPEAKER

Extensively educated and trained in TCM in China and the US, Benny Lin has had 30 years of professional TCM experience in both countries.

As a TCM educator, Dr. Lin served as associate professor at Guang Xi TCM University in China in his early years, and has been a popular lecturer in graduate programs in the US for the past decade, teaching such subjects as Tui-na and acupuncture techniques at various TCM colleges. In addition to mentoring clinical interns, Dr. Lin offers higher level seminars in a wide range of subjects including Tui-na, formula writing, Master Tong's points, abdominal acupuncture, and external application of herbs. As a TCM practitioner, Benny Lin refined his skills as a chief TCM clinician and orthopedic doctor in China for many years, followed by nearly twenty years of working as an acupuncturist, herbalist, and Tui-na specialist in top-notch US TCM schools as well as in his his private clinics in New York and California.

Combining his deep theoretical understanding and masterful clinical expertise, Benny Lin has developed various new treatment methods for rare and complicated diseases, specializing in orthopedics, muscular strains, pain management, and sports injuries.

# SEMINAR SCHEDULE For 2015

• FIVE SEMINARS • • 6 CEU'S PER SEMINAR •

#5: November 15th

PLEASE NOTE
THE SEMINAR TIME

10 AM - 4:30 PM
FREE LUNCH IS PROVIDED!!!

#### **SEMINAR FEES:**

• Annual Membership Fee: \$150.00

[Note: The Annual Membership Fee always includes a \$50. political action donation to CAOMA.]

• Single Seminar Fee: \$85.00

Single Student Seminar Fee: \$50.00Student Membership Fee: \$150.00

### S.D. {Local Chapter}CAAM Board Members and Contact Information:

Dr. Yeqing Chen	(858)560-1828	President
Dr. Liman Rachels	(858) 578-8556	Treasurer
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